

Surname	Centre Number	Candidate Number
First name(s)		2



GCE A LEVEL

A290U10-1



FRIDAY, 16 MAY 2025 – MORNING

PSYCHOLOGY – A level component 1

Psychology: Past to Present

2 hours 15 minutes

For Examiner's use only		
Question	Maximum Mark	Mark Awarded
1.	8	
2.	10	
3.	5	
4(a)	10	
4(b)	8	
5.	10	
6.	10	
7.	10	
8.	5	
9.	24	
Total	100	

INSTRUCTIONS TO CANDIDATES

Use black ink or black ball-point pen. Do not use gel pen or correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet. Additional space is provided for some questions within the booklet (if required). If further space is required for any question, you should use the additional page(s) at the back of the booklet, taking care to number the question(s) correctly.

INFORMATION FOR CANDIDATES

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the necessity for good English and orderly presentation in your answers.

Assessment will take into account the quality of written communication used in your answers.



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Additional space for Question 1 only:

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2. Evaluate Myers and Diener's (1995) research '*Who is happy?*'.

[10]

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Additional space for Question 2 only:



- [5]



4. (a) Mindfulness and quality of life are both therapies from the positive approach. Describe the main components of **one** of these therapies.

[10]

Examiner
only

Additional space for Question 4(a) only:

(b) Evaluate the effectiveness of the therapy that you described in 4(a).

[8]



5. A teacher told their class that the biological and the psychodynamic approach conflict with each other. However, a student in the class claimed that the two approaches are more alike than many people think.

6. In 1920, Watson and Rayner published their research '*Conditioned emotional reactions*'. Describe the procedures used in this research. [10]



Examiner
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Additional space for Question 7 only:

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Additional space for Question 9 only:

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END OF PAPER



